Calorimetry Lab: Burning a Peanut



Introduction: The evening before a marathon, runners are advised to eat a huge plate of pasta. Why? Because pasta, a carbohydrate, is a terrific source of energy (fuel) for the body. Different foods contain varying amounts of energy, which is calculated and marked as <u>Calories</u> on a nutrition label. In other words, Calories are a convenient way to measure the energy you get from the food you eat.

In this activity, you will find out how Calories on nutrition labels are measured, as well as how the scientific energy unit (Joule) is calculated. You will use the methods of calorimetry to do this. You will calculate the amount of heat energy (in Joules) and food energy (in Calories) contained in a peanut! The burning of a peanut releases heat stored in the carbohydrates and fats making up the peanut. When you eat a peanut, your body performs the chemical reactions necessary to release the energy stored in the carbohydrates and fats. In lab, however, you will actually light the peanut on fire and burn the peanut so that the hydrocarbons in the carbs and fats undergo combustion! The heat from the peanut will be absorbed by the water in a calorimeter. Remember: Energy is always conserved as stated by the Law of Conservation of Energy! Therefore, the energy given off by the peanut equals the energy gained by the water! Pretty simple!

Materials Needed:

Peanut Ring Stand w/ Ring

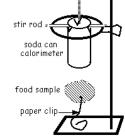
Soft Drink Can Stir Rod

Graduated Cylinder Paper Clip in stopper

Matches Thermometer Balance Goggles







Safety Precautions: Wear safety goggles and tie back long hair because you will be working with an open flame! Do not touch the can with your hands because hot objects may not appear to be hot! Never eat any items used in lab!

Procedure:

- 1. Measure 200 mL (same as 200 grams) of water into a graduated cylinder. Pour the water from the graduated cylinder into an empty soft drink can. Record both volume of water and the mass of water in the data table.
- 2. Use a thermometer to measure the <u>initial</u> temperature of the water as accurately as possible. <u>Record</u> this initial temperature of the water in the data table. Note: make sure the temperature has stopped rising/falling before making your temperature reading!
- 3. Using a weigh boat, measure the mass of a peanut, and **record** the mass of the peanut in the data table.
- 4. Place the peanut on the support stand (the paper clip in the stopper), and position it underneath the soda can so that the peanut is about 4-5 cm from the bottom of the soda can.
- 5. Carefully use a match to ignite the peanut itself. Lab members: Be ready with another match in case it does not light with one match.
- 6. AS SOON AS the peanut stops burning, carefully stir the water with the thermometer, and measure the final temperature of the water to the nearest °C. Remember to make sure the temperature has stopped rising before taking a reading. **Record** the final temperature of the water in the data table.

- 7. Allow the peanut residue (ashes) to cool, and then measure the mass of the peanut ash. **Record** this mass of peanut residue in the data table. **Note: Do not set the black peanut residue on the balance!** Use a weigh boat, and tare the balance so that the weigh boat is not included in the mass of the peanut residue.
- 8. Calculate the mass of the peanut that <u>actually burned</u>. <u>**Record**</u> this mass in the data table.
- 9. Repeat the procedure with the other food items.

Clean Up Checklist:





- **\(\psi\)** Place ashes into the trashcan.
- Place used matches in beaker labeled "Used Matches" in the front of the room.
- ♠ Pour the water from the soda can down the sink drain. **DO NOT** throw the soda can away. Replace the soda can on the ring stand with stir rod.
- **Clean** up around station (wipe down station and dry).
- **♦** Wash your hands when clean up is complete.
- Get teacher initials for clean up!

Data Table:

	Measurement
Mass of Peanut	
Before Burning (grams)	
Mass of Peanut Ash	
After Burning (grams)	
Mass of Peanut that	
Actually Burned (grams)	
Mass of Water (grams)	
Initial Temperature of Water °C	
Final Temperature of Water °C	

	Measurement
Mass of sugar wafer	
Before Burning (grams)	
Mass of sugar wafer ash	
After Burning (grams)	
Mass of sugar wafer that	
Actually Burned (grams)	
Mass of Water (grams)	
Initial Temperature of Water °C	
Final Temperature of Water °C	

Conclusions/Analysis:

(1/3 pt. each)

1.	The SI unit for heat energy is the Another commonly used heat energy unit is the
2.	What is the specific heat of water?
3.	How many food Calories are there in one Joule?
4.	Calculate how much heat (in <u>joules</u>) that the water absorbed from the burning peanut.
5.	Convert joules to <u>Calories</u> .
6.	Calculate the number of <u>Calories per gram</u> of the peanut burned <u>in lab</u> .
	Is this the experimental or accepted value?
7.	Using the <u>peanut can label</u> , determine the <u>Calories per gram</u> of the peanuts.
	Is this the experimental or accepted value?
	Compare your <u>experimentally</u> calculated Calories per gram with the <u>accepted</u> value of Calories per gram the peanut can's label. Using this information, <u>calculate the percent error</u> for your lab group.

9. Was all of the heat that was released by the burning peanut actually collected by the water in the calorimeter? <u>Explain</u>.

10.	Calculate how much heat (in <u>joules</u>) that the water absorbed from the cookie.
11.	Convert joules to <u>Calories</u> .
12.	Calculate the number of <u>Calories per gram</u> of the cookie burned <u>in lab</u> .
	Is this the experimental or accepted value?
13.	Using the <u>peanut can label</u> , determine the <u>Calories per gram</u> of the cookies.
	Is this the experimental or accepted value?
	Compare your <u>experimentally</u> calculated Calories per gram with the <u>accepted</u> value of Calories per gram the cookie package label. Using this information, <u>calculate the percent error</u> for your lab group.
15.	According to the labels (accepted values), which provides more calories per gram, the peanuts or the cookies?
Gr	anhing

Graphing16. Create a bar graph that shows the experimental value in Calories/gram for both foods, and the accepted values in Calories/gram of both foods. (5 pts.)